

# Karikari Panui



<https://facebook.com/KarikariPanui>  
<https://karikaripanui.nz>

Edition 5, 2023

Here we are again with our second crack at producing the Panui. Those of you keeping a keen eye on the calendar will see we are running a bit late on this edition. Since stepping into Leena's giant shoes, we have been absolutely blown away with the support from the community. We also have found that it takes a lot of work to produce the Panui so as we get into the swing of things the cadence might be a little irregular!

We have been made to feel very welcome while we have been out and about attending events so the feature of this edition is community events.

Starting out is the Tokerau beach fun run. After days of rain we were lucky to have the sky clear for what was a fantastic event.

## Tokerau Beach Fun Run 2023



**Editorial Team:**  
**Vicki & Hugh Amundsen,**  
**Chris & Danielle Hoffmann**  
**contact@karikaripanui.nz**

### *Special points of interest:*

- Non-urgent police calls—phone 105. Your call will be treated confidentially.
- Advertisers: Thank you to those who support this community newsletter. Adverts are \$20 a year to cover printing costs.
- Alcohol Drug Helpline: 0800 787 797 (24/7)
- Meth Helpline: 0800 638 443 or visit [drughelp.org.nz/meth](http://drughelp.org.nz/meth)
- Crimestoppers NZ: 0800 555 111
- Healthline: 0800 611 116. Free 24 hour health advice when you need it.

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## Thank you Leena!



Leena has provided us with a few words that we would like to share with you all in her own words:

*"Could you please add in a huge thank you from Tony and me - it was the last thing I was expecting and took me completely by surprise. I'd love to thank all those who contributed to the gift box; there were so many wonderful items - it was like Christmas! I'd also like to say thank you to those who sent thanks via email or phoned me after I announced I was stepping down. The last ten years has been a privilege to serve our community in this way - I am just one of many who have done or continue to do volunteer work to keep our community ticking over and make it such a great place to live"*

**Left:** Karen presenting Leena with a thankyou gift basket acknowledging the 10 years of Panui news that she and Tony delivered.

**Below:** The Karikari Peninsula CCTV Team presenting Leena with a gift for all her work supporting the project.



Last edition we learnt the hard way just how much work goes into the Panui so to give it 10 years really is quite something. Each and every edition over the 10 years has been planned, outlined, produced and then finally printed on Leena's home printer.

Once again from all of us and the community . THANK YOU LEENA!

## Tokerau Beach Fun Run— continued from Page 1



## Public health warning: shellfish biotoxin alert for Northland and East Cape

New Zealand Food Safety is advising the public not to collect or consume shellfish gathered from the Northland east coast because of paralytic shellfish toxins.

In addition, it has extended an existing shellfish biotoxin warning from Cape Kidnappers right up to East Cape. "Routine tests on mussels from Houhora have shown levels of paralytic shellfish toxins over the safe limit," says New Zealand Food Safety deputy director-general Vincent Arbuckle.

The warning extends from **Cape Karikari** north to Kokota (the Sandspit), to just south of Parengarenga Harbour. The current warning in Hawkes Bay has now been extended to extend from Cape Kidnappers right up to East Cape. Levels of paralytic shellfish toxins are increasing and the latest results from Tolaga Bay mussels have risen dramatically and are now 11 times over the safe limit.

As algal blooms increase in size, the levels of toxins in shellfish can reach higher levels.

"Please do not gather and eat shellfish from these affected areas because anyone doing so could get seriously sick."

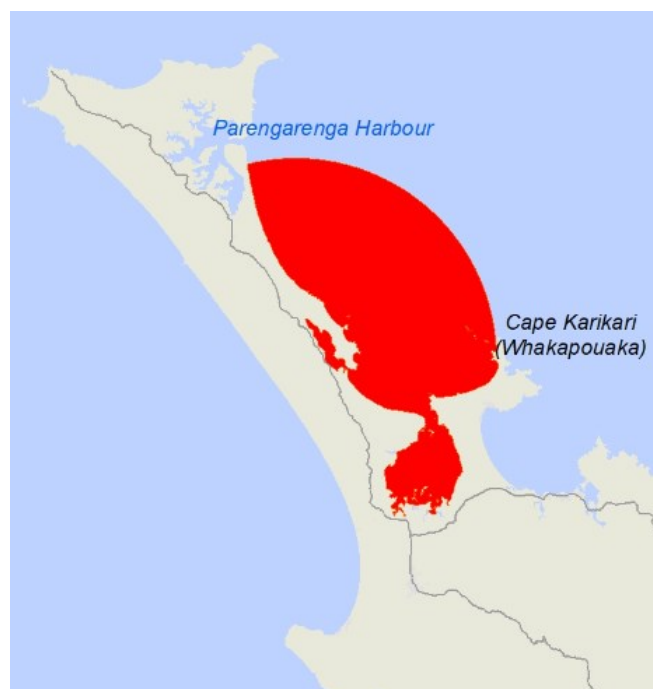
"Cooking the shellfish does not remove the toxin, so shellfish from these areas should not be eaten."

Symptoms of paralytic shellfish poisoning usually appear within 10 minutes to 3 hours of eating and may include:

- numbness and a tingling (prickly feeling) around the mouth, face, hands, and feet
- difficulty swallowing or breathing
- dizziness and headache
- nausea and vomiting
- diarrhoea
- paralysis and respiratory failure and, in severe cases, death.

**If someone gets sick after eating shellfish, make sure you:**

- phone Healthline for advice on **0800 61 11 16**, or get medical help immediately
- advise your nearest public health unit
- keep any leftover shellfish in case it can be tested.



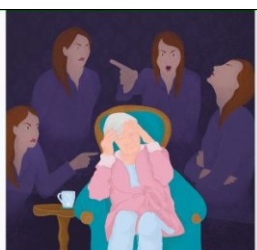
In an emergency follow updates from Civil Defence at: [www.facebook.com/civildefencenorthland](https://www.facebook.com/civildefencenorthland) Or follow instructions that come through your mobile device, radio or television.



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## Taipa Bridge

Prior to the construction of the new bridge an archaeological assessment was carried out at the resource consent stage of the construction of the Taipa bridge. These archaeological investigations revealed structures and deposits relating to pre-Contact Māori temporary occupations focused on kaimoana cooking and processing at the western approach and abutment.

The report includes historic photographs of the area including this photo of the first Taipa Bridge.

The report also includes a fascinating record of coastal hydrosystems that reveal the abundance of recorded middens on the Karikari peninsula.

For the full report see: [https://www.clough.co.nz/monographs/clough\\_monograph25.pdf](https://www.clough.co.nz/monographs/clough_monograph25.pdf)



Figure 16. First Taipa Bridge c.1910, looking west (source: Alexander Turnbull Library Online, Reference 1/1-004911-G Northwood Brother: Photographs of Northland)



Figure 71. Coastal hydrosystems (Hume et al. 2016) with associated estuaries and midden sites within 1000m of the shoreline

### ADVERTISE!

Do you want to advertise in the Panui? Reach 500 engaged email readers along with 200 households with the print edition.

At just \$20 per year, advertising has never been so cost-effective!



*Dog Grooming @ Tokerau Beach, Karikari Peninsula*



*By Appointment Only - 0272358437*



## Karikari Community Hall News

### Next market will be Sunday 28th of January 2024



*Photo Left:  
Community  
Meet & Greet  
October 7th 2023*

### Karikari Community Hall Brick Fundraiser

For just \$50 you can support the Hall by purchasing a Brick to be displayed in the Hall with your name on it. To order yours ph Barbara 021 1864 442. Have a look at the new bricks installed in the Hall.

### Randolph Urlich Memorial



In a heartfelt expression of gratitude, Karen Urlich recently shared a touching story about her late husband's significant contribution to our community. Back in 2000, he generously donated his skills and time to conduct all the earthworks needed for the construction of our beloved community hall, a gesture that has not been forgotten.

The Urlich family's appreciation extends beyond personal pride to a communal acknowledgment. "We as a family appreciate this gesture and thank the hall committee and Sana Ryan for the tree"

### Mother's Union:

Karikari Peninsula

Contact Norma Evans  
028 406 5431  
or  
Norma Stephens  
027 2927 009

For friendly fellowship.



Karikari Peninsula Residents and Ratepayers next meeting is/was November 21 at 7pm at the Hall. All welcome.

### The Karikari Community Library at the Hall

Open every Thursday from 10am to 1pm.

Books for all ages, puzzles and DVDs.  
\$2 a year to join.



## Labour weekend Market



### Community Events / Local Stories

If you know of a community event or a local story that you would like to see in the Karikari Panui, take a few pics with your phone and drop us an email: [contact@karikaripanui.nz](mailto:contact@karikaripanui.nz)

## Te Pumanawa O Te Ora MASSAGE THERAPY Deep Tissue Massage



**The Karikari Fire Brigade will deliver water** across the peninsula. Charges are per 5,000 litres: \$130.00 for local area and \$140.00 to Rangiputa. To order, contact 0274501080 with your details and make payment to Bank account: KKFB 12 3096 0027374 00. Include name and address in reference. Please keep check of your water tank as you may be disappointed if same day delivery is not possible. Please note: there are **No Sunday Deliveries**.

### Full Body Massage

(1 hr) \$90

(1.5 hr) \$120

### Relaxing

Head, Face, Arms & Hands (40mins)

\$60

### Focused

Neck, shoulders, upper/mid back (40mins)

\$60

### Deluxe

Massage Chair, Foot Spa, Leg & foot massage (40mins)

\$60

Phone/Text Caroline 02102344336

Massage Therapist

Registered Nurse

Open on appointment basis

And located at

1501 Inland Road, Karikari Peninsula

Each edition we will look to include some general legal information. This is what happens when you let two lawyers on the editorial team! This does not constitute legal advice as everyone's circumstances may be different. Community law provides free legal services thought New Zealand [Taitokerau - Community Law](#)

## Law Corner

Every adult should have an enduring power of attorney (EPA). An EPA allows a person to appoint someone else to make decisions in respect of their property or welfare if a person cannot make their own decisions any more.

The following links to EPA forms also include helpful information about EPAs:

[Personal Care and Welfare form \[DOC, 107KB\]](#)  
[Property form \[DOC, 143KB\]](#)

If you lose mental capacity and you do not have an EPA, a court application is required to decide who can make decision for you, which entails delay and cost, and may result in someone making your decisions who would not have been the people or person you would have chosen.

For more information see:

<https://officeforseniors.govt.nz/our-work/promoting-enduring-power-of-attorney/how-to-create-an-enduring-power-of-attorney/>

## Garlic Aioli (fabulous with fish)

This simple recipe is a wonderful accompaniment to locally caught fish.

### Ingredients:

- 1 head of garlic
- 1 tsp capers
- 1 tsp mustard
- 1 egg
- Juice of ½ a lemon
- ½ tsp salt
- mild oil

### Method:

- Peel the garlic and cut off the bottom edge.
- Put all ingredients into a stick blender jug and blend for 30 seconds. Slowly add the oil while blending until the aioli is the consistency of mayonnaise.
- For a more mild flavour, cut off the top quarter of the head of garlic, wrap in tinfoil with a splash of oil and roast until the garlic is soft enough to squeeze out of its papery skin.

### The Collective Us

To purchase a copy of this book, \$20, phone Liz 027 7779 407 or buy directly from the website [pjlee.org](http://pjlee.org). She can deliver on the Peninsula.



### Recipes

Each edition will include a locally inspired recipe. We would love to know if you try one. Please send us photos of your successes and failures!

### Request for Service

To make an RFS simply phone 0800 920029 or follow the prompts on their website: [www.fndc.govt.nz/Your-council/Contact-council](http://www.fndc.govt.nz/Your-council/Contact-council)

For noise complaints Ph 0800 347787

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# Carrington Estate Restaurant Review

Carrington Estate has the same daytime menu as Vue Bar. We chose to eat at the Restaurant and were lucky enough to have our choice of tables and chose to sit facing the beautiful Karikari Beach. We ordered the Salt & Pepper Squid with sweet chilli sauce, the Fried Chicken with sweet plum and ginger sauce and the Crumbed Mac & Cheese bites that was served with fries and garlic aioli.

Service was friendly and prompt although it would have been nice to have been given glasses to drink the water.

Both the squid and chicken arrived with a modest serve of an inoffensive coleslaw. The squid was very tender. The sweet chilli sauce, like the sweet plum and ginger sauce were commercial. Again inoffensive, but nothing to write home about. The serving of chicken was generous, but let down by the sauce. The younger member of our party declared the mac and cheese bits, which included unadvertised cubes of ham as "delicious." The accompanying fries, appeared beer battered rather than shoestring and were very good. The aioli was too mild to add much to the flavour profile. For anyone interested in a good aioli see the recipe above. Our younger diner was very happy with his hot chocolate. We would have finished with a cup of tea, but were not able to as Carrington had run out of English Breakfast tea.



## Tokerau Beach Book Exchange

This wonderful little community resource has had a wee upgrade to fix storm-damage and is back in operation. Its so encouraging to see how the community goes into action when something needs doing.

Stop to choose a book or two to while away these wet wintry days. There is something for every age and interest.

You can always add a book or two once you've read them.



## 154 Inland Road Tires:

Tyre supplies, including bikes. Alignment, wheel balancing and puncture repairs. Get your fresh veges/fruit at the same time!

Ph 027 748 9402 or 09 4067656.



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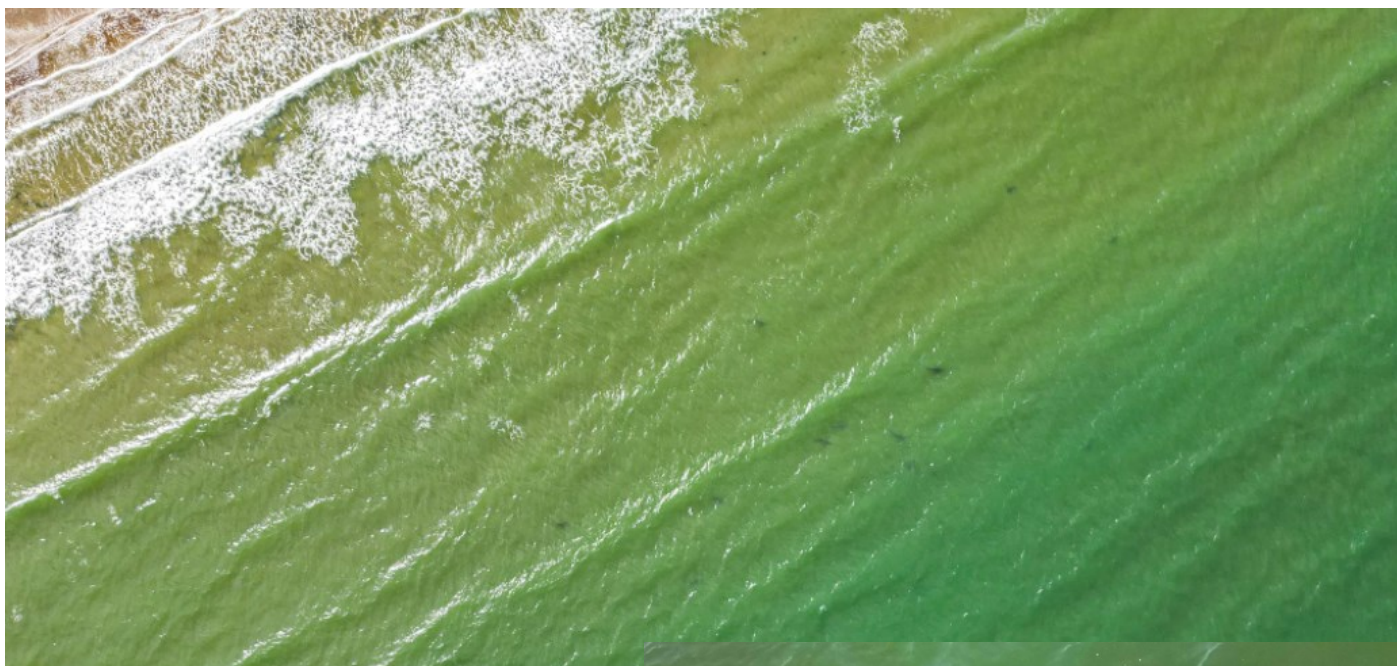
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## A shiver of Sharks

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A group or 'Shiver' of about 30 baby sharks seen at Tokerau on the 10th of Nov 2023. The next day they were nowhere to be seen!

HD video of the encounter: [\(1\) Sharks at the beach 4K - YouTube](#)



## CCTV Project

**CCTV Project on-going support**—Donations are still needed to pay for on-going maintenance etc.

Make your donation to Karikari Peninsula Residents and Ratepayers Association:

CCTV Project ASB 12-3096-0035251-01 Include your name and CCTV for reference. Email: [cctvkarikari@gmail.com](mailto:cctvkarikari@gmail.com)

### Process for Accessing CCTV Footage:

1. Lodge an incident report with the Police on the Crime Reporting Line: 105 ASAP
2. Send an email to [cctvkarikari@gmail.com](mailto:cctvkarikari@gmail.com) and contact [northlandcctv.co.nz](http://northlandcctv.co.nz) or 09 407 8788 with the following information ASAP:

**Your name, Address, Incident number (from Police)**

**Your contact details**

**Incident date and approx. timeframes, Brief explanation of incident and what you want them to look for.**

3. The CCTV monitoring team will respond to your query and begin the search. This may take up to 3-4 business days due to workload.

4. The CCTV Team will respond with outcomes and if applicable will provide footage/images to police to accompany the file. Footage will be provided on a case-by-case basis. The Team must adhere to privacy policies and procedures and must ensure all information is provided in the strictest of confidence.

**Major Supporters** – FMG , Meridian Energy , Top Energy, Northland CCTV, Far North District Council



## Whatuwhiwhi Top 10 Holiday Park

*We offer the following for the Community.*

Casual Showers \$5.00.

Laundries: Hot & Cold machines. Coin operated. Open from 10am-3pm for locals. Not during any Peak periods.

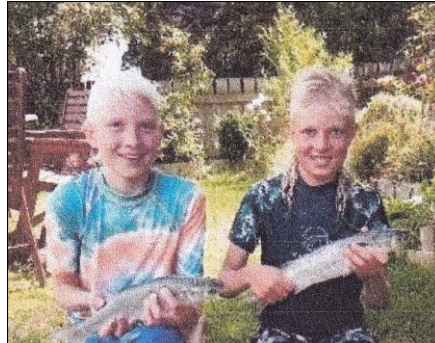
Please park outside the gate on the grass area and register at the office.

Dive fills are available daily from 10am to 1pm and 3pm to 4pm.



**The Stone boys are still available** to do all sorts of odd jobs around your home—even walking the dog.

You can contact them on 021 2508 209



### Urlich Electrical

For all your electrical requirements. Phone Amon on 027 361 5844 or email [amon.urlich@gmail.com](mailto:amon.urlich@gmail.com)

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## Clubs and Activities.

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These do not incur a charge for publication, although an occasional koha would not be turned away

**All Saints Anglican Church** (off Wairahoraho Rd) Phone Rev. Robert Urlich 09 946 7564.

**Karikari Book Club:** Ph Mary 027 490 7607. 2<sup>nd</sup> Weds of month at 7pm. An informal group who share their enjoyment of reading books and the occasional movie.

**Karikari Community Library:** Open Thursdays 10am-1pm at the Hall. Come and get your reading supplies. \$2 a year subscription. Books, Puzzles, DVDs and magazines in regularly.

**Karikari Crafters:** 10am on 1st Monday of the month. Contact Barbara 021 1864 442 or Leanne 021 1138 139 for information.

**Karikari Garden Club:** 1<sup>st</sup> Tuesday of the month. Contact Debera 027 4437 169 or Leigh 09 408 7229.

**Karikari Indoor Bowls:** Karikari Community Hall; Mon + Weds from 12:45 pm. For more information contact Dot 027 4867 486.

**Karikari Hall Committee: meets first Tuesday of the month at 6pm at the hall.** Chairperson: Leanne Day; 021 113 8139. Secretary: Sally Shirkie; 022 154 2066. Bookings: Nina Raharuhi; 021 038 0394.

**Line dancing:** Karikari Community Hall; Intermediate: Sunday 10.30am; Beginners: Thursdays at 10:30am. Gold coin Koha. Tutor: Joy Hatcher. Mobile 021 407 855. Great fun and easy beginner's dances. Social and fun interaction for all ages.

**Karikari Peninsula Residents and Ratepayers Association:** Chairperson: Brian Page; 09 408 7197 or 027 322 1652. Treasurer/Secretary: Lesley McCormick; 027 7413230. Meets every 3<sup>rd</sup> Tuesday of the month at 7.00pm at the Hall. All are welcome. Subs are \$15 a year per family. Pay to: ASB 12-3096-0035251-00. Please include your family name as reference. The next meeting is November 21st at 7pm at the Hall.

**Defibrillators:** These can be accessed at Bayview Store, Whatuwhiwhi; Karikari Peninsula Hall, and at White Sands Motel, Rangiputa.

In an emergency phone 111

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